



HUKAMA

Getting to know _____

SENSORY SUPPORT

_____ is sensitive to: textures ____ motion ____ temperature ____ touch ____ sounds ____ light ____

The flavor toothpaste that is best for _____ is: fruit ____ mint ____ nothing ____

COMMUNICATION PREFERENCES

_____ responds best to (please check all that apply): verbal communication ____ pictures ____ written words ____ physical gestures (shaking head yes/no) ____

_____ communicates needs and wants through conversation ____ short phrases/sentences ____ communication device ____ communication book ____ picture exchange ____

_____ is more successful processing directions that are: stated one step at a time ____ or multi-step ____

It helps _____ to understand language when others use: short phrases ____ written word ____ repeated instructions ____ icons or drawings ____ pictures with written words ____

When communicating with _____ words or phrases that are helpful are: _____

_____ and words or phrases that should be avoided are: _____

BEHAVIORAL STRATEGIES

Specific fears that _____ experiences include: _____

When _____ is in pain or experiencing discomfort you will see: _____

Anxious behaviors for _____ look like: _____

Motor movements or mannerisms that are used by _____ to self-regulate or maintain calm include: (e.g., flapping, flicking): _____

Things that are helpful and/or calming for _____ include: counting ___ singing ___ weighted blanket _____
other _____

When stressed, _____ prefers: to be left alone _____ to have adult attention _____ to have an adult near, but not direct
attention _____ other _____

When _____ is stressed, do you respond immediately _____ wait _____ provide no response _____

The favorite character of _____ or topic of special interest is: _____

Are there strategies that work well or that you value that are important for us to know? _____
